



Athletes Acceleration

Summer Training Schedule

June 15, 2020 - August 21, 2020

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM		8:00 AM		8:00 AM
8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
9:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM
10:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM
	4:30 PM		4:30 PM	
	5:30 PM		5:30 PM	

Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	5:00 PM		5:00 PM	5:00 PM

College/ Pre-College

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM		7:00 AM		7:00 AM
8:00 AM		8:00 AM		8:00 AM
	5:30 PM		5:30 PM	