



Athletes Acceleration Summer Training Schedule

June 21, 2021 - August 27, 2021

College/ Pre-College

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 AM		7:30 AM		7:30 AM
8:30 AM		8:30 AM		8:30 AM
5:00 PM	5:00 PM	5:00 PM	5:00 PM	

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM
4:00 PM	4:00 PM	4:00 PM	4:00 PM	
5:00 PM	5:00 PM	5:00 PM	5:00 PM	

Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM
10:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM
4:30 PM	4:30 PM	4:30 PM	4:30 PM	
5:30 PM	5:30 PM	5:30 PM	5:30 PM	