



Athletes Acceleration Summer Training Schedule

June 27, 2022 - August 26, 2022

College/ Pre-College

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 AM		7:30 AM		7:30 AM
	6:00 PM		6:00 PM	

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 AM		9:00 AM	
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM
4:00 PM	4:00 PM	4:00 PM	4:00 PM	
5:00 PM	5:00 PM	5:00 PM	5:00 PM	
	6:00 PM		6:00 PM	

Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM
10:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM
3:30 PM	3:30 PM	3:30 PM	3:30 PM	
	4:30 PM		4:30 PM	
5:30 PM	5:30 PM	5:30 PM	5:30 PM	

Youth

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:15 AM		10:15 AM		
4:30 PM		4:30 PM		